



“I am very excited about the Coady Development Leadership Training as it will enhance my skills in spearheading community led development through asset based community development approaches. The experiential learning will also allow me to build on my existing knowledge and practice.”

Billy Dominic Sichamba

Program Coordinator

Kara Counselling And Training Trust, Zambia

I am responsible for program fund-raising, planning and organizing skills training, as well as the general administration of the Skills Training Centre. I believe that skills training, as opposed to handouts, is a more sustainable way of empowering individuals living with HIV and AIDS. The free ARVs provided by the government in both government and private hospitals have changed the landscape of AIDS; most patients are getting better and we need to engage them in more productive activities in society.

The main goal of my organization is to mitigate the impact of HIV and AIDS, tuberculosis and malaria through provision of prevention, treatment, care and support services. Kara Counselling offers community based services such as counselling, diagnosis for HIV, TB and malaria, treatment of opportunistic infections, family planning, hospice care (including outreach clinics), OVC support (including street children), home based care, skills training, and economic empowerment. These services have helped members of vulnerable communities in Zambia access prevention, treatment and care services. Kara continues to provide educational, nutritional and psycho-social support to orphans and vulnerable children and empowers their guardians (mostly grandmothers) through income generation activities.

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