



“If you want a love message to be heard, it has got to be sent out. To keep a lamp burning, we have to keep putting oil in it.”

- Mother Teresa

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I am the coordinator and designer of programs focusing on empowerment of women, advocacy for leaders and youth, and capacity building. I am responsible for developing existing programs and creating new programs that encourage leadership, problem solving and development. Anafora is an institution of teaching the art of life and gives the tools to open the future for more unity of humanity. It provides open arms to invite and share the essence of life with people everywhere.

The vision of Anafora is a hand from underneath lifting people up. “Anafora ANAΦOPA”, is a Coptic word meaning ‘offering’ and ‘uplifting.’ The Anafora community aspires to uplift people beyond their natural boundaries and limitations. We are committed to providing a place of love and acceptance to all people, regardless of their background, beliefs or faith. The center was designed to create an environment of peace, serenity, simplicity, and most important of all, love. We give people tools for building their futures. I hope to see discussions among young people from different backgrounds healing the past and working for reconciliation. We also want to transform the society from a hierarchal one to become democratic.

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