



*I came to strengthen my leadership capacity to be able to improve and support many other people back in my community to help them live dignified lives.*

## Betty Cheptoek

*Programme officer/Youth representative and chairperson with the human resource committee*

*National Union of Disabled Persons of Uganda (NUDIPU Youth) and National Union of Women and Girls with Disabilities (NUWODU), Uganda*

My project falls under capacity building where I am directly involved with youth who have disabilities in Uganda. We lobby and advocate for inclusion in mainstream programs by government and other development partners from the national to the local level. The main activities are: community outreach, research, capacity building on sexual and reproductive health, life skills training, database registration, leadership training, networking and collaboration.

NUDIPU is an indigenous organization which was formed in 1987. Its mission is to promote a dignified society for all. Its aim is to lobby and advocate for the rights of persons with disabilities. NUDIPU is made up of five program areas. These programs are aimed at promoting an inclusive society for persons with disabilities.

NUWODU is the Indigenous organization of Women and Girls with Disabilities formed in 1999 with the overall purpose of bringing together all categories of women and girls with disabilities for a common voice to promote and protect their rights and advocate for equal opportunities.