

# Everyday Matters

## September

Inspiring ideas for day-to-day living

BY DONNA PARIS



### 5 GREAT PLACES TO SEE THE FALL COLOURS

#### THE ROCKIES

In the West, head to the mountains of British Columbia and Alberta to see the perennial showstopper of golden yellow larches.

#### KILLARNEY PROVINCIAL PARK, ONT.

Situated just outside Muskoka cottage country, this provincial park offers some of Canada's most vibrant fall foliage.

#### MONT-TREMBLANT NATIONAL PARK, QUE.

In the Laurentians, north of Montreal, the colours are celebrated during the last week in September at the Symphonie des Couleurs.

#### MIRAMICHI RIVER, N.B.

With a backdrop of spectacular fall foliage and stunning scenery, the leaves turning colour is a showcase event every year.

#### A PARK NEAR YOU, CANADA

Visit Parks Canada ([pc.gc.ca](http://pc.gc.ca)) to get updates on the best time to go "leaf peeping" in parks near you.

Visit [canadianliving.com/september](http://canadianliving.com/september) to find 10 reasons to fall in love with fall.

## Leading Others to Lead

As its director, Mary Coyle is dedicated to the Coady Institute at St. Francis Xavier University in Antigonish, N.S. Now celebrating more than 50 years since its inception, the school gives community leaders from around the world the tools they need to create self-reliant communities – and the impact can be felt as far away as Southeast Asia and West Africa. Mary's leadership is pushing the Coady Institute to new heights, and her initiatives in women's leadership and aboriginal leadership promise to help people and communities across Canada and around the world reach their full potential. To date, 5,000 community leaders from 130 countries have graduated – with their own passions and commitments to making the world a better place.

