



PHOTO: Alex Manitopyes

I decided to enter into this program to revitalize my skill set, to renew and refocus the energy that I put into my communities. It is an overwhelming and exhausting task to help people with an open heart and a good mind, so I am grateful for this.

Amanda Myers - Kitaay Bizhikikwe

Anishinaabe, Pottawatomi, Métis

Ontario

My name is Kitaay Bizhikikwe/Ancient Buffalo woman. I am Anishinaabe, Pottawatomi and Métis, of the Marten clan. I belong to the Three Fires Midewiwin Confederacy. I currently live in London, Ontario working for Indigenous Services at Western University where my primary role is to engage Indigenous youth from our urban community, Chippewa of the Thames First Nation, Oneida Nation of the Thames and the Munsee-Delaware Nation.

My passion is to see youth recognize their ability, take pride in their identity and love themselves. I hope to find the existing gaps in our communities and fill them with culturally relevant sustainable programming so that our youth can take on healthy balanced lifestyles.

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Indigenous Women in Community Leadership