

Sherna Alexander Benjamin



Sherna Alexander Benjamin is majoring in Social Work at Huntington University, Indiana, U.S.A. She is a co-author of a two-volume historic academic book that looks at Gender and Domestic violence in the Caribbean, soon to be published by Palgrave publishers 2020/2021, a project of the Social Science faculty of the University of the West Indies. She has received numerous awards, most recently a Joint Legislative Resolution from the Senate and General Assembly of the State of New Jersey. The U.N. Spotlight Secretariat has selected her as a member of the Civil Society National Reference group to advise on implementing the Spotlight Initiative in Trinidad and Tobago. She is a certified project management professional with an emphasis on development. She holds numerous professional certificates including a Diploma in Development Leadership from the Coady Institute, St. Francis Xavier University Canada.

Sherna is a thriving survivor, systems advocate, and Human and Social Development consultant with over fourteen years of experience in preventing interpersonal violence and training, women, peace and security, development leadership, and conflict transformation and peacebuilding. She centers her work on power, access and control, healing-centered engagements, transformative change processes, intersectionality, critical consciousness, and social justice. Her priority areas of focus are how systemic, structural, symbolic, and political violence enable interpersonal violence and trauma at the individual, family, and community levels.

A few of her consulting areas include training and facilitation, program development and implementation, reporting, adult education, healthy relationship building, and emotional wellness, including economic and social development of women and girls, diversity and inclusion, systems-related racial disparities, child abuse, and intimate partner violence. Sherna Alexander Benjamin is an emerging author, storyteller, public speaker, and trainer who believes in the restoration of human dignity, service, protecting human rights, and collaborating with men and boys as allies for social change.

She firmly believes that women can co-create a better world through strategic collaboration and uplift and invest in each other. She collaborates with women and girls from minority and marginalized groups. Specifically; those living on the margins of the margins impacted by discrimination, inequity, violence, poverty, and illiteracy. To reimagine their futures, take action, and tell their stories most prolifically and dynamically. And she cannot imagine the world without smiles and healthy human connection.

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